

MONTCLAIR STATE UNIVERSITY
Margaret and Herman Sokol Science Lecture



Weight Loss for the New Age

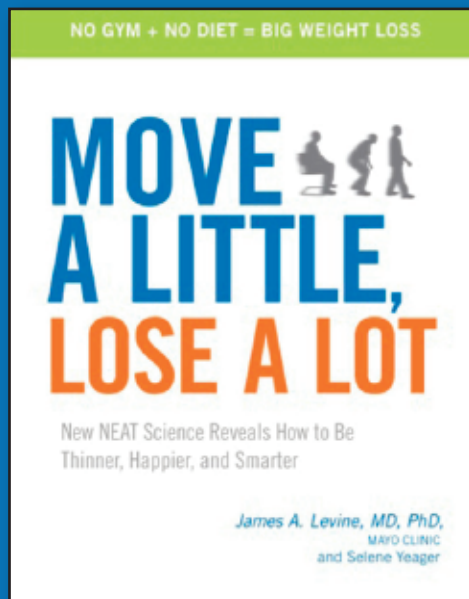
March 29, 2011

8:00 p.m. at Kasser Theater

Obesity expert James Levine will discuss the science of NEAT and how regular movement —and it doesn't have to be exercise— can combat obesity.*

*Non-Exercise Activity Thermogenesis

James Levine, MD, PhD, is the Chief of Endocrinology at University Hospital Case Medical Center and Case Western Reserve University School of Medicine. He is a respected researcher, best-selling author, and the inventor of treadmill desk.



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Tickets, available in advance at the Kasser Theater, are FREE to the Montclair State University community and \$10 for others.

For more information call 973-655-5352 or e-mail jaberj@mail.montclair.edu